



How to Put on Your HeartBug

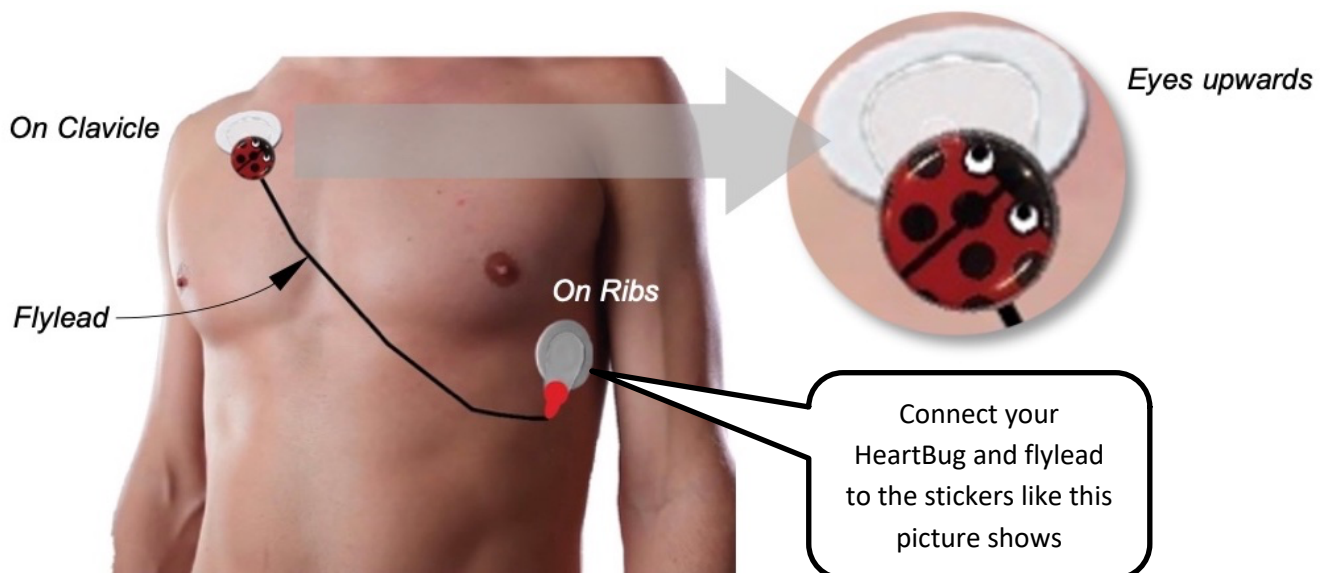
1. Open your stickers and put them on



Skin prep really important for a good connection!

Have a nice warm shower and wash the area well with soap and water. Ensure your skin is free of any hair, moisturiser, creams, oils or perfume.

Peel the plastic from the back of the stickers and place the stickers on your skin while it is still warm after the shower. Make sure the press stud tabs on the stickers are pointing downwards to the floor.



2. Download the app to your phone from the welcome text or scan this QR code:

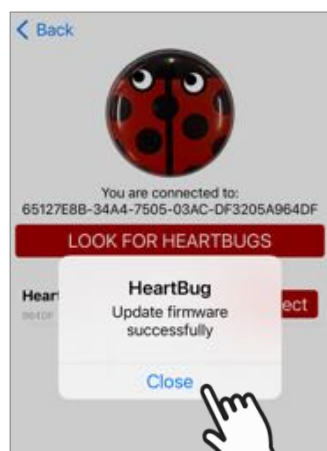
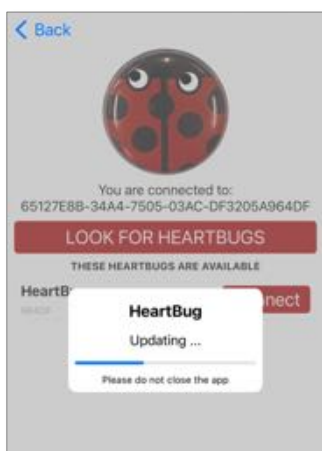
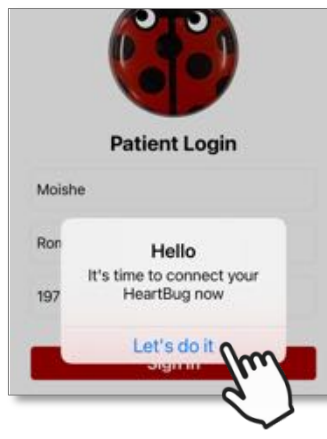
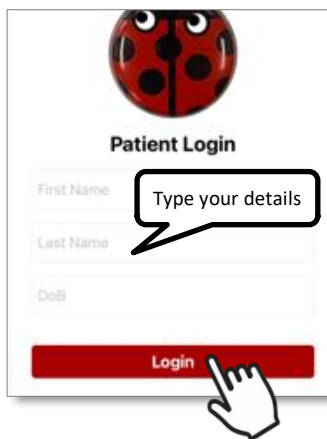
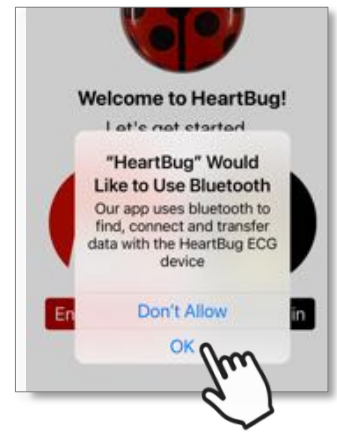
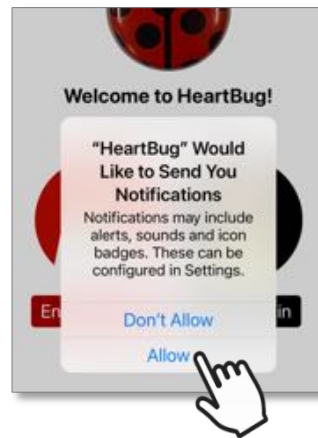
Dear Moishe, welcome to HeartBug! The team have posted you one of our heart monitors. When you get it, you will need to do 3 easy things: download the app, stick the Bug on yourself and pair it with the app. Here's the link for the app <https://qrco.de/heart-patch> Tap "I'm a patient" and login using your name and date of birth.



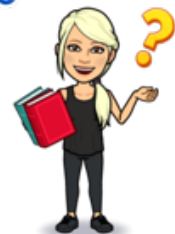


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3. Follow these steps to install the app and connect your HeartBug.



Any questions?



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