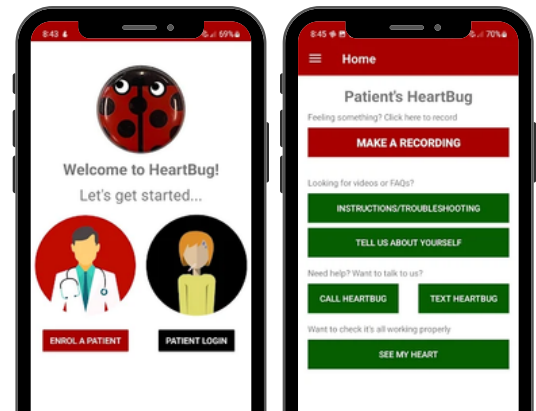


HeartBug SuperStickers Guide

Before Starting (Clinic Use Only)

Patient must be enrolled in system.

Download HeartBug app onto patients mobile.



How to Prepare Your Skin

If stickers are already in place and a change of stickers is required, please see below *Removing Stickers**.*

Clean skin with warm, soapy water.
Dry skin thoroughly.

- Both areas should have no hair – shave if needed.
- Do not apply any creams/lotions or oils.

Use the Saline Wipe to wet the skin/ area where the sticker is going to be placed. **Do not let dry.**

(The conduction gel binds better to a wet area.)

At Home:

Wait 8 hours before showering or sweating.
Try to change the stickers at night to allow them to bind while sleeping.

Saline wipe



***Removing Stickers**

Do not pull SuperStickers off until you have saturated the stickers on your skin with the **REMOVE** wipe.

- Alternatively, use any oily product like olive oil, baby oil, or coconut oil

Gently peel/push the sticker away from your skin.

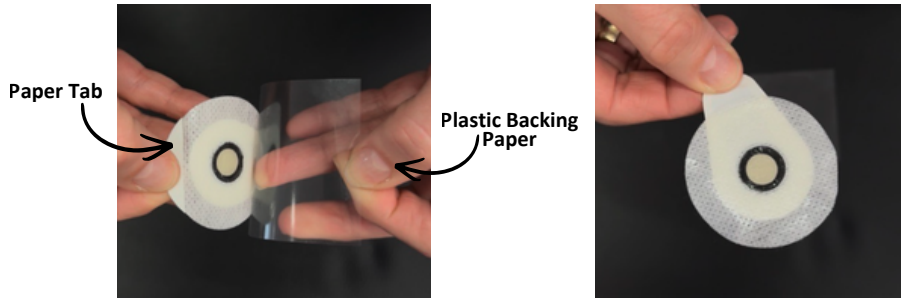
REMOVE wipe



HeartBug SuperStickers Guide

Prepare the new SuperStickers

Remove the plastic backing and remove the white paper tab. If this is not removed stickers will fall off. Make sure not to touch the gel centre.

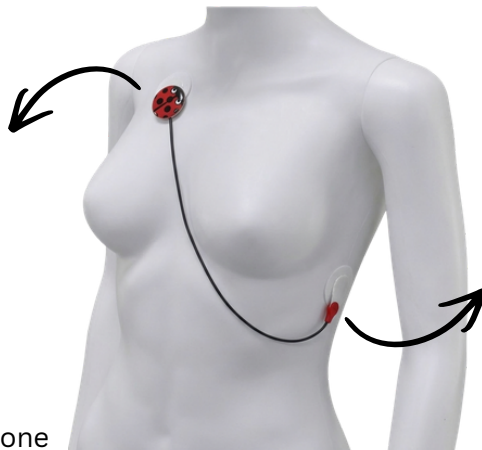


Apply Stickers

Press stickers firmly onto skin with no creases. It should be sitting flat on the patient's skin.



Under the **RIGHT** collarbone



On the **LEFT** rib cage

Attach Device

1. Attach the red lead behind the **RIGHT** eye (when the HeartBug Monitor is facing you)



2. Attach HeartBug to the **TOP RIGHT** SuperSticker
3. Attach other end of lead to the **BOTTOM LEFT** SuperSticker, as shown below.



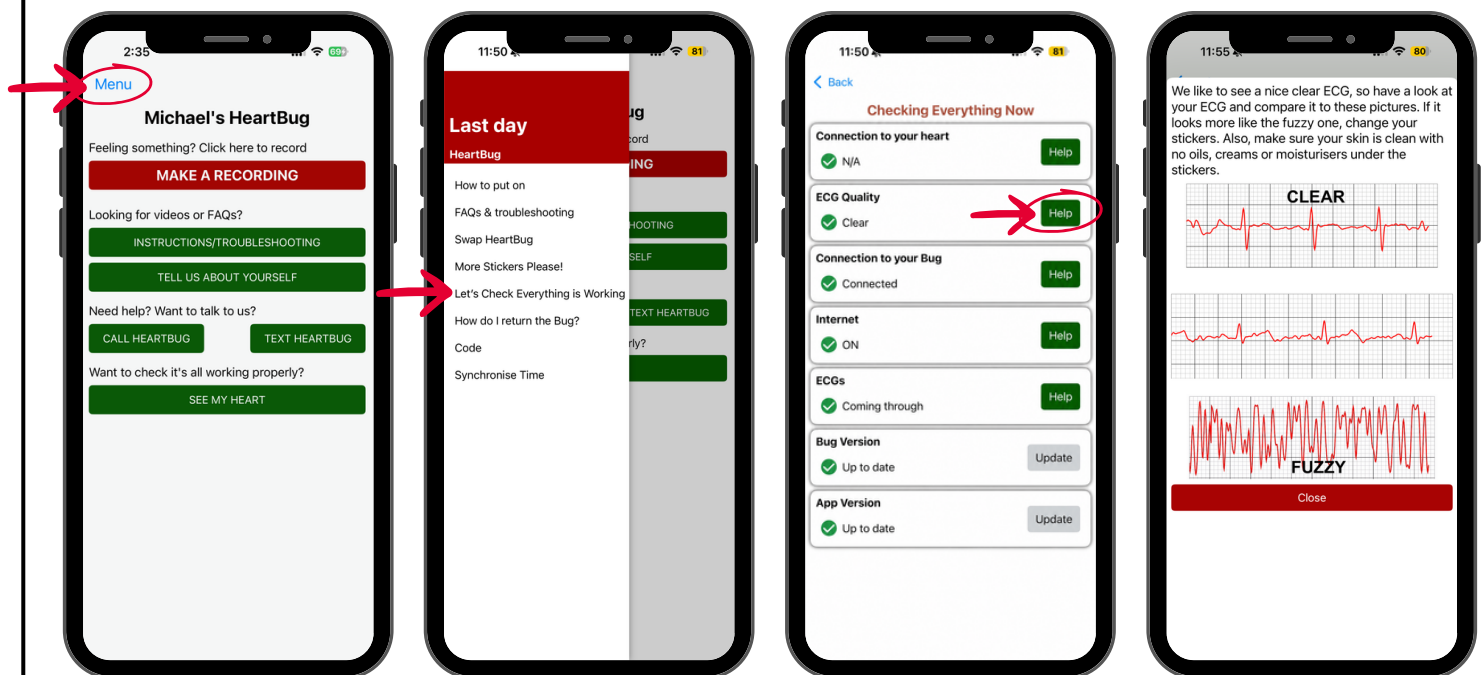
HeartBug SuperStickers Guide

How to Check Connection

1. Open the App → Tap Menu/ Home in the top left corner → Tap “Let’s Check Everything is Working”
 - Ensure green ticks across each section ✔
2. Tap the green HELP button next to ECG Quality → If a live trace appears in the middle, the connection is paired correctly. Traces may appear fuzzy after initial application, but will settle over time.

If the connection to your heart has a ❌, this means that the stickers need time to bind and a connection should occur within a couple of hours (can take up to 8 hours).

If there is no connection after 8 hours, please call 1800 529 275 (Option 2)



Before Leaving (Important)

- Stickers will last for 10-14 days, maybe even longer.
- Wait 8 hours before showering or sweating after initial application.
- Do NOT remove stickers unless they are starting to peel away or fall off.
- If reaction or irritation is occurring, please call Patient Care Team 1800 529 275 (Option 2).
- **Only remove stickers with REMOVE wipe or oil-based product.**
- **Ensure patient interacts with app by pressing “See My Heart” button at least 3 times a day.**